

RESOURCES FOR CANCER PATIENTS

Shore Regional Cancer Center partners with the Wellness Community of Delmarva to offer classes and support groups for cancer patients and their family members. Groups meet at 509 Idlewild Avenue in Easton.

- **“Caring and Coping”** – Four-week program for breast cancer survivors and their partners to provide tools for decision-making and communicating through the cancer experience. For more information, call 410-820-6800.
- **“Transitions”** - Six-week educational program and support for cancer survivors focusing on exercise, nutrition, emotional recovery and medical management. For more information, call 410-820-6800.
- **Cancer Support Groups** – Day and evening sessions are offered for patients, family members and caregivers. Individual counseling is available. To join a group, call the Wellness Community-Delmarva, 410-546-1200.

Other support available through Shore Regional Cancer Center includes:

Us TOO Prostate Cancer Support Group meets the second Tuesday of each month, 6:30 p.m. For more information, call 410-820-6800.

Shore Regional Cancer Center Pat Shortall Wig Room is stocked with wigs, hats and other accessories available for women undergoing chemotherapy or radiation.

Financial support is available through a number of programs which can be accessed by contacting a social worker at the Shore Regional Cancer Center, 410-820-6800.

Other Community Resources:

Men Against Breast Cancer Conference, Saturday, October 23, 9:00 a.m. to noon, Memorial Hospital, 219 S. Washington Street, Easton. For men whose wives, daughters or other loved ones who have been diagnosed with breast cancer. To register, call Duane Hilghman, 410-943-0264.

The Red Devils funds services that improve the quality of life for breast cancer patients and their families, including transportation; meals and groceries; house cleaning services; childcare provider support; massage and acupuncture therapies; home care and other services; and assistance with the cost of prescriptions and medical appointments. For more information, call 410-323-0135.

American Cancer Society Road to Recovery – Free transportation service to scheduled medical appointments for cancer patients. Operated through the American Cancer Society. For more information, call 1-800-227-2345 or visit www.cancer.org.

American Cancer Society Reach to Recovery – Support and information for women or men facing a breast cancer diagnosis. Operated through the American Cancer Society. For more information, call 1-800-227-2345 or visit www.cancer.org.

Look Good . . . Feel Better – Free program offering beauty techniques for women who are coping with hair loss and skin changes during cancer treatment. Offered in partnership with the American Cancer Society, the National Cosmetology Association, and the Cosmetic, Toiletry, and Fragrance Association. To register for classes offered at Shore Regional Cancer Center, call 410-820-6800.

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